

Stick Rotation	
Theme	Physical activity
Target Group (Group Size, Participants Profile)	It can be played with children who has mental or physical disability. The age group of children can be 8 and above
Duration	30 minutes
Learning Objectives	- To enhance and increase reaction time, speed, reflexes, and attention.
Preparation	Ask the children to form a circle and give the sticks to each.
Materials	- Stick
Flow / Description	<ul style="list-style-type: none"> - Each child holds a stick, forming a circle. - The instructor, parent, or caregiver who is playing with them gives a signal, such as a whistle or a clap. - Then, everyone drops their stick where they are standing and takes one step back. - The person next to them tries to catch the stick before the stick touches the ground. - The game continues till all players manage to catch the sticks.
Debriefing / Reflection	<p>How did you feel during the game?</p> <p>Did you improve any strategy to catch the stick?</p> <p>The game continued until all players manage to catch the sticks, and did you work as a team?</p> <p>What was your strategy?</p>
Thematic / Theoretical Input	
Evaluation	- Observe the children during and after the game. Ask them to explain their feelings with 1 word.
Hints/Additional Info for Trainers	